

“Sore Thumbs” and “SoreHeads”

There are differences and similarities in the trite or clichéd phrases above. Obviously, in the literal sense they refer to different parts of the anatomy, also, one is used to describe a literal condition, and in general the other is a figurative matter.

Similarities require definitions. “Sore thumbs” are as the result of an injury to the appendage that remains tender as it heals. It then seems that every movement and contact brings further pain. The victim is just sure this thumb receives all of the ensuing bumps. **It doesn’t really!** It is because its tenderness makes one more aware of an incursion than other well body parts that take the mishaps in stride. We know that, do we not? But, we must admit a lack of reality in

our perception, oftentimes. Most of us have no problem discerning and accepting this fact as a truism.

However, when it comes to understanding the makeup or stimuli of “Soreheads” many have a greater problem. A dictionary definition of the word is “One who is easily angered or disgruntled” also, “One who is disconcerted and easily irritated.” When I say; “many have a greater problem”, I refer to those who do not recognize or admit they may have the problem. We sometimes describe them as “having their feelings on their sleeve”, or “having a chip on the shoulder”. It shows a lack of contentment with themselves and paradoxically this often is reflected in an overbearing or domineering demeanor. The “sorehead” generally thinks all are against him or her and that they are “picked” on with every word or glance. **They really are not!** It just seems that way to the overly sensitive individual who has a complex that (often, subconsciously) emphasizes their feeling of inferiority

God's Word, the Bible, instructs with teaching that will heal this malady.